

# PRODUCT RECORD CARD

THIS DOCUMENT SHOULD BE ISSUED WITH AND KEPT FOR EACH ITEM OR SYSTEM

- Please see the product label details required below.
- Consult the User Guide for advice on inspection, maintenance, lifespan etc. Other components within any fall arrest system in which products are used should conform to the relevant European standards (ENs) or in their absence other appropriate standards.

### Product Label Definitions

1. Manufacturers contact details
2. Manufacturers product code
3. Date of manufacture
4. Read instructions supplied with product
5. Identifying number of manufacture examination body
6. Serial Number
7. European standard that the product conforms to



2 Model: AB10 STD

3 DOM: 09/2012

CE0321 5

Serial No: XXXXXX 6

BS EN 361:1993 7

sales@abtechsafety.com 1

01244 837 050



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All PPE Products within this User Guide conform to the European Standards stated and are the subject of EC Certificates of Conformity issued by and under the supervision of the Notified Body:

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 Tel: +44 (0)1536 410 000 Fax: +44(0)1536 410 626  
 PPE Regulation (EU) 2016/425  
 Module B (Annex V) EU Type Examination and Module C (Annex VI)  
 Module D (Annex VIII)

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### MANUFACTURE DETAILS

PRODUCT CODE	PRODUCT SERIAL NUMBER
FINAL INSPECTION PRIOR TO DESPATCH BY	DATE

# RESCUE HARNESS

CONFORMS TO BS EN 361:2002  
 BS EN 1497:2007  
 PRODUCT CODE: ABRES



1. Pick up the rear 'Tri D' extended Dorsal straps. Ensure straps are not twisted

2. Pass arms through shoulder straps. Holding aloft, place right arm through right shoulder strap and left are through left shoulder strap

3. Fasten chest straps and adjust to centre. Ensure shoulder straps are pulled vertical and front Tri 'D' is centrally placed

4. Ensure rear Tri 'D' is central between shoulder blades

5. Draw leg straps between legs and thread buckles, pulling end of straps to tighten snugly around thighs



6. Attach fall arrest system to the front Tri D on the chest strap (marked A) if the anchor point is located in front of the user or the rear Tri D marked (A) if the anchor point is located behind the user

8. For lowering or raising the user attach to the overhead-extended attachment point. Do not attach to this point for fall arrest

NOTE: ADEQUATE CLEARANCE DISTANCE SHOULD BE ENSURED FOR THE USER TO FALL INTO. THE FOLLOWING CALCULATION IS A GUIDE:  
 USER HEIGHT + LANYARD LENGTH + EXTENSION OF LANYARD + SAFETY MARGIN =  
 2M + 2M + 1.75M + 1M = 6.75M

# USER MANUAL

**INSTRUCTIONS FOR USE**

All users should read and understand these instructions. All users should be suitably trained to use this equipment.

This documentation issued with this product (instructions, record card) should be kept with the product.

**Chemical Attack** - The product should be kept away from acids, alkalies, chemicals, sharp edges and anything which may cause damage to it.

**Storage and Transport** - This product must be transported and stored in a dry cool place. Wet or damp equipment should be allowed to dry naturally

**Inspection** - This product must be inspected at regular intervals by a competent person. The frequency of the inspection is dependant on the type of usage and any prevailing conditions.

**Obsolescence** – provided that the product is inspected and maintained in accordance with manufacturers recommendations the maximum lifespan of the product is 10 years from the recorded first use. The type of use and the conditions will affect the lifespan of a product.

**Cleaning** - Wipe webbing with a damp cloth. If the dirt is more ingrained wash in water up to 40°c. Use mild detergent. Rinse in clean water. Hang up to dry. Avoid direct heat source when drying.

**Before Use** - The user should make a visual inspection of the product. Look for damage to webbing particularly under and around buckles and attachment points. Check webbing for abrasion, cuts, wear, deformation and chemical contamination. Check stitch patterns for broken or loose stitches, cuts and pulling. Check the correct operation of any moving parts. If there is any doubt as the condition of the product it must be removed from service. A further inspection should then be carried out by a competent person or the manufacturer. A rescue plan should be in operation.

**Warning** - No repairs, alterations or additions should be made to this equipment without consultation with the manufacturer. The equipment should not be used outside its limitations, or for any purpose for which it is not intended.

If equipment is to be used as part of a system consult with the manufacturer. Only full body harnesses with a tested attachment point should be used as part of a fall arrest system.

**Attachment Point** - The fall arrest attachment point of the harness will be marked with an 'A'. Where the user should attach two points together both attachment point are marked 'A/2'. Attachment points for rescue, confined access and egress are labelled accordingly.

**Anchor Points** - When used in fall arrest systems the anchor point should where possible be above the user. The anchor point should hold 12kN or conform to EN795. Only use an approved connector to the anchor point.

ITEM	USERS NAME
SERIAL NUMBER	DATE OF PURCHASE
	DATE FIRST USED

**INSPECTION RECORD**

JOB USAGE	INSPECTED BY	COMMENTS	DATE



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